

Websites for kidney patients, family and carer information and support

Aboriginal and Torres Strait Islander Support

- [Information for Aboriginal and Torres Strait Islander people](#)
- [Family and social support \(Queensland Government\)](#)
- [Aboriginal Support Services and Counselling \(Brisbane Community Directory\)](#)
- [Ask Izzy](#)

Accommodation and Housing

- [Homes and Housing \(Queensland Government\)](#)
- [Homeless Hotline \(Queensland Government\)](#)
- [Ask Izzy](#)

Ask Izzy - Help with Everything

- [Ask Izzy](#)

Advance Care Planning

- [Advance Care Planning \(Queensland Government\)](#)
- [Queensland Advance Care Planning Forms \(My Care, My Choices\)](#)
- [Advance Care Planning Resources \(Clinical Excellence Queensland\)](#)
- [The Public Trustee of Queensland \(Queensland Government\)](#)
 - [Enduring Power of Attorney Fact Sheet](#)
 - [Find a Justice of the Peace](#)

Aged Care

- [Access Australian Aged Care Information and Services \(My Aged Care\)](#)
- [My Aged Care face-to-face services \(Services Australia\)](#)
- [Help at home - What to expect \(My Aged Care\)](#)

Alcohol, Smoking and Other Substances Help

- [Alcohol, tobacco and other drugs \(Queensland Health\)](#)
- [Alcohol, smoking and drugs - Health and wellbeing \(Queensland Government\)](#)
- [Alcohol and Drug Assessment](#)
- [Digital Mental Health for Addictions \(eMHprac\)](#)
- [Consumer and carer information - Addiction and Mental Health](#)
- [Alcohol and Drug Assessment Unit at the Princess Alexandra Hospital](#)
- [Ask Izzy](#)

ICARE² values



Carer Support

- [Carers Queensland](#)
- [Carer Gateway](#)

Child Care Queensland - Occasional and Casual

- [Occasional and casual care options for parents and families \(Queensland Government\)](#)

Child Protection

- [Protecting children \(Department of Children, Youth Justice and Multicultural Affairs\)](#)

Counselling

- [Help lines, Counselling and Support Groups - Health and wellbeing \(Queensland Government\)](#)
- [Counselling: How to access it, what it costs - Health and wellbeing \(Queensland Government\)](#)
- [Ask Izzy](#)

Disability Support

- [Disability Gateway](#)
- [NDIS Queensland](#)

Domestic and Family Violence - Get Help

- [Domestic and family violence - Community support \(Queensland Government\)](#)
- [Domestic and family violence help in Queensland \(DVConnect\)](#)
- [Domestic violence \(Queensland Police Service\)](#)
- [Women's Legal Service Queensland - Free legal assistance for women](#)
- [Ask Izzy](#)

DonateLife

- [DonateLife](#)

Elder Abuse - Get Help

- [Elder abuse - Seniors \(Queensland Government\)](#)
- [Elder abuse - Helpline \(Queensland Government\)](#)

Emergencies in Queensland

- [Emergency services and safety \(Queensland Government\)](#)
- [Disasters and alerts \(Queensland Government\)](#)

Food and Other

- [Emergency Relief Program - Community Support \(Queensland Government\)](#)
- [Welfare Assistance and Services \(Brisbane Community Directory\)](#)
- [Homeless Hotline - Homes and Housing \(Queensland Government\)](#)

- [Food in Qld \(St Vincent de Paul Society\)](#)
- [Ask Izzy](#)

Fitness and Exercise

- [Fitness and Exercise - Health and wellbeing \(Queensland Government\)](#)
- [Getting active - Recreation, sport and arts \(Queensland Government\)](#)
- [10 things to know if you're planning to start exercising \(Queensland Health\)](#)
- [Fitness 101 - Healthier. Happier \(Queensland Government\)](#)
- [Healthier. Happier. Tips on Health, Fitness, Exercises and Recipes \(Queensland Government\)](#)
- [Get healthy - Your mental wellbeing \(Queensland Government\)](#)

Food Safety in an Emergency

- [Food safety in an emergency \(Queensland Government\)](#)

Grief and Loss

- [Loss and bereavement - Health and wellbeing \(Queensland Government\)](#)
- [Bereavement support \(Clinical Excellence Queensland\)](#)
- [Loss and Grief Support Services and Counselling \(Brisbane Community Directory\)](#)
- [GriefLine \(Australian Government Department of Health and Aged Care\)](#)
- [ACGB \(Australian Centre for Grief and Bereavement\)](#)

Help at Home

- [Queensland Community Support Scheme \(Queensland Government\)](#)
- [Help at home - What to expect \(My Aged Care\)](#)

Income Support and Money Help

- [Centrelink \(Services Australia\)](#)
- [Jobseeker Payment with Medical Certificate | Centrelink Medical Certificate Form \(Services Australia\)](#)
- [Disability Support Pension \(Services Australia\)](#)
- [Carer Payment | Who can get a Carer Payment \(Services Australia\)](#)
- [Austudy \(Services Australia\)](#)
- [Youth Allowance \(Services Australia\)](#)
- [Age Pension](#)
- [Moneysmart](#)
- [Debt Help](#)
- [Ask Izzy - Help with Everything](#)

Kidney Health Australia

- [Kidney Health Australia](#)

Kidney Support Network

- [Kidney Support Network](#)

Kidney Transplant Queensland

- [Queensland Kidney Transplant Service - Health and wellbeing \(Queensland Government\)](#)
- [Transplant Australia - Queensland](#)
- [Supporting Living Organ Donors Program \(Australian Government Department of Health and Aged Care\)](#)

Legal

- [Community Legal Centres Queensland](#)

Liver Transplant Queensland

- [Queensland Liver Transplant Service - Health and wellbeing \(Queensland Government\)](#)

Mental Health and wellbeing – All ages

- [Head to Health](#)
- [Mental health and wellbeing \(Queensland Government\)](#)
- [Dear Mind - Your Mental Wellbeing \(Queensland Government\)](#)
- [Digital Mental Health for People who are Culturally and Linguistically Diverse \(eMHprac\)](#)
- [Get healthy - Your Mental wellbeing \(Queensland Government\)](#)
- [Mental health care and Medicare \(Services Australia\)](#)
- [Mental Health Treatment Plan \(Health direct\)](#)
- [Ask Izzy](#)

Palliative care

- [Palliative Care - Health and wellbeing \(Queensland Government\)](#)
- [Palliative Care Queensland](#)

Parking at Princess Alexandra Hospital

- [Parking at Princess Alexandra Hospital \(Metro South Health\)](#)

Pasifika Support

- [Village Connect \(Pasifika Families Leading the Change\)](#)

Relationships

- [Respectful relationships - Youth \(Queensland Government\)](#)
- [Marriage and relationships - Parents and families \(Queensland Government\)](#)

Roads and Weather

QLD

- [Queensland Weather and Warnings \(BOM\)](#)
- [Road Conditions Information \(Queensland Traffic\)](#)

NSW

- [New South Wales Warnings \(BOM\)](#)
- [Check road and traffic conditions with Live Traffic NSW \(Service NSW\)](#)

Shopping Centre near Princess Alexandra Hospital

- [Buranda Village](#)

Social Workers in Kidney and Transplant at Princess Alexandra Hospital

- Email: pahnephrologysw@health.qld.gov.au
- Phone: 3176 2610

Travel and Accommodation Subsidies for Regional Patients

- [Patient Travel Subsidy Scheme Queensland \(Queensland Government\)](#)
- [Isolated Patient Travel and Accommodation Scheme \(IPTAAS NSW Government\)](#)

Travel to Princess Alexandra Hospital

- [Getting here - Princess Alexandra Hospital \(Metro South Health\)](#)
- [Translink](#)

Womens' and Girls' – Get Help and Support

- [The Handy Guide](#)
- [Ask Izzy](#)

Work and Job Support

- [Employment and jobs \(Queensland Government\)](#)
- [Employment support - People with disability \(Queensland Government\)](#)
- [Support for people with disability \(Department of Employment, Small Business and Training\)](#)
- [Available Support \(Job Access\)](#)
- [Disability Employment Services Brisbane - Find a job with APM \(DES Provider \(APM\)\)](#)
- [Future skills. Future work. Future Queensland \(Jobs Queensland\)](#)
- [Ask Izzy](#)

Voluntary Assisted Dying Queensland

- [Voluntary Assisted Dying in Queensland \(Queensland Health\)](#)

Volunteering in Queensland

- [Volunteering Queensland \(Volunteering in Queensland\)](#)
- [Volunteering \(Department of Communities, Housing and Digital Economy\)](#)