

Desserts (11am to 7pm)

- Cheesecake **GF** **V**
Apple wildberry crumble **V**
Lemon sorbet **GF** **Ve**
Jelly – lime or orange **GF**
Ice cream – vanilla **GF** **V**
- Custard – vanilla **GF** **V**
Fruit selection as per breakfast **GF** **Ve**
Chocolate dessert **GF**
Rice pudding **GF** **V**

Clear fluids

– all options **GF**

Hot

- Tea – black or green **Ve**
Coffee – black or decaf **Ve**
Broth – Beef, chicken or vegetable

Cold

- Jelly
Lemon sorbet **Ve**
Juice – orange or apple **Ve**
Lemonade **Ve**
Cordial – diet optional **Ve**

Free fluids - also see Clear Fluids Menu

– all options **GF** except Up & Go Energize

Hot

- Tea – black or green **Ve**
Coffee – black or decaf **Ve**
(order milk separately)
Cream of chicken soup
Potato and leek soup **V**
(soups from 11am)

Cold

- Ice cream **GF** **V**
Yoghurt **V**
Juice – orange or apple **GF**
Custard **GF** **V**
QEII milkshake **GF** **V** (from 10am)
Up & Go – dairy-free chocolate **GF** **Ve**
Up & Go Energize – vanilla **V**

Special diets

Do you have special diet needs?

Please talk with a nurse for:

- Allergies
- Culture or religion
- Soft and easy-to-chew foods.

The Patient App will show safe options for common allergies. For other food allergies and/or cultural or religious meals, you will need to order with the Call Centre or talk to your nurse.

Do you have Diabetes?

Talk with your nurse before you order your meal to help:

- Check your blood sugar levels
- Give diabetes medicine
- Get a menu carbohydrate counter if you need one.



Queen Elizabeth II Jubilee Hospital

Room Service Food Menu



Order what you want,
when you want

6.30am to 7pm



Feedback

Do you want to give feedback about your meal service?

Scan the QR code to 'Have your say'.

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Better together

Metro South Health



Queensland Government

How it works

- » Meals made to order.
- » About 45 minutes from order to bedside.
- » After hours? Ask your nurse for snacks on your ward.
- » Ask the Room Service Support team if you:
 - want to order something not on the Patient App
 - need help with the Patient App.

How to order

1 Download the CBORD Patient App



Use your phone or smart device to scan the QR code and download the CBORD Patient App to order your meals.

- » Call **3845 7770** on your phone if you cannot download the Patient App.
- » Call extension **7770** on a hospital phone, if you do not have a phone.

2 You will need

- » Patient name (for Call Centre only)
- » Patient ID (UR or MRN number on your wristband)
- » Date of birth
- » Facility ID (Enter **'qeii'** for the Patient App only)

If you have cultural or religious needs, a special diet or need help ordering, you can phone the Call Centre (3845 7770) or talk to your nurse.

Please note, our menu items may change or not be available at times. Please phone the Call Centre to help you find another option.

Special diets

GF Gluten free **V** Vegetarian **Ve** Vegan

All day breakfast (6.30am to 7pm)

Cereal – all options **V**

Weetbix **Ve** **GF** available
Cornflakes **Ve** **GF** available
Rice Bubbles **Ve**
Just Right **Ve**
Porridge
Sultana Bran **Ve**

Milk/dairy – all options **GF** **V**

Milk – full cream, low fat, lactose free or soy milk **Ve**
Yoghurt – natural or fruit
Custard – vanilla

Bakery

Bread or toast – wholemeal, multigrain or white **Ve** **GF** available
Croissant **V**
Bread roll – white or wholemeal **Ve**

Fruits – all options **Ve**

Fresh fruit – apple, banana or seasonal **GF** (diced available)
Chilled tinned fruit – peaches, two fruits or pears **GF**
Prunes

Hot breakfast

Scrambled eggs **GF** **V**
Hash brown **GF** **Ve**
Congee – plain **Ve** or chicken
Grilled tomatoes **GF** **Ve**
Mushrooms **GF** **Ve**
Bacon **GF**
Sausages **GF**
Savoury mince
Cheese and chive omelette **GF** **V**
Baked beans **GF** **Ve**
Pancakes **V** – add maple syrup

Snacks (All day 6.30am to 7pm)

Jatz **V**
Rice cakes **GF** **Ve**
Cheddar cheese **GF** **V**
Sweet biscuits **V** **GF** available
Madeira cake **V**
Carrot cake **V**
Fruit and nut mix **GF** **Ve**

Potato chips – plain **GF** **Ve**

Fruit and dessert

Yoghurt **GF** **V**
Custard – vanilla **GF** **V**
Fruit selection as per breakfast **GF** **Ve**

Other items (All day 6.30am to 7pm)

Hot drinks

Tea – black or green **GF** **Ve**
Coffee – black or decaf **GF** **Ve**
(Order milk separately)

Cold drinks

Juice – orange or apple **GF** **Ve**
Lemonade **GF** **Ve**
Cordial – fruit cup, lemon or diet **GF** **Ve**
QEII milkshake **GF** **V** (from 10am)
Up & Go – dairy-free chocolate **GF** **Ve**
Up & Go Energize – vanilla **V**

Condiments – all options **V**

Sugar or sweetener **GF** **Ve**
Honey **GF**
Maple syrup **GF** **Ve**
Vegemite **Ve**
Jam – apricot or strawberry **GF**
Marmalade **Ve**
Butter **GF**
Margarine **GF** **Ve**
Salt and pepper **GF** **Ve**
Lemon wedge **GF** **Ve**

Lunch and dinner (11am to 7pm)

Soups – all options **GF**

Cream of chicken
Potato and leek **V**

Salads

Asian style noodle salad – add chicken, beef or tofu **Ve**
Caesar salad **GF** – standard, with chicken or vegetarian **V**

Build your own (available from the Call Centre)

- **Garden salad** – includes lettuce, tomato, cucumber, carrot **GF** **Ve**
- **Choose your protein – all options** **GF**
Boiled egg **V**, roast beef, chicken, tuna, ham, cheese **V** or vegan meat **Ve**
- **Choose your prepared salad**
- **Choose your dressing**
Italian or french **GF** **Ve**

Ready made sandwiches

– Toasted or plain

Ham and cheese
Ham, cheese and tomato
Cheese and tomato **V**

– Choose from white, wholemeal or multigrain bread **GF** available

Note: Options for Easy to Chew diet are available via the CBORD Patient App or Call Centre

Sandwiches – build your own (available from the Call Centre)

Bread – white, wholemeal or multigrain **GF** available **Ve**

Spreads and condiments

Margarine **GF** **Ve**, sweet pickle **GF**, mayonnaise **GF** **Ve**, hommus **GF**, dijon mustard **GF**, honey **V** **GF**, jam **Ve**, marmalade **Ve** or vegemite **Ve**

Fillings – all options **GF**

Roast beef, ham, chicken, tuna, vegan meat **Ve**, cheese **V**, egg and mayonnaise **V**, cucumber **Ve**, lettuce **Ve**, onion **Ve**, tomato **Ve**, beetroot **Ve**, carrot **Ve**, or avocado **Ve**

Burgers – choose 1 only

Beef, chicken or vegan patty
All served on a bun with lettuce, cheese and tomato
Ve or **GF** available

Hot mains – choose 1 only

Roast of the day **GF**
Butter chicken
Cottage pie
Casserole
Curry – choose chicken, beef or tofu **V**
Stir fry **GF** – choose chicken, beef or tofu **Ve**
Beef lasagne
Vegetable lasagne **V**
Vegan special **Ve**

From the grill – all options **GF**

Beef, pork, chicken, fish or vegan available

Finger foods

Spinach and feta bites **GF**
Chicken nuggets
Mini pies
Mini sausage rolls
Hash brown **GF** **Ve**

Sides – all options **V**

Mashed potato **GF**
Potato wedges **Ve**
Roast potato **GF** **Ve**
Roast pumpkin **GF** **Ve**
Mashed pumpkin **GF** **Ve**
Mixed steamed vegetables **GF** **Ve** – carrot, cauliflower and broccoli
Rice **GF** **Ve**
Side salad **GF** **Ve** – lettuce, tomato, cucumber and carrot

Sauces – all options **V**

Gravy **GF** **Ve**
White sauce
Napoletana **GF** **Ve**
Curry
BBQ **Ve**
Tomato **GF** **Ve**
Mayonnaise **GF** **Ve**
Aioli **GF**